THE

Great Preſervative of Mankinde:

OR

The tranſcendent Vertue of the true

SPIRIT OF

SALT.

Long look'd for, nd now Philoſophically prepar'd and purified from all hurtfull or Corroding Qualities, far beyond any thing yet known to the World; being both ſafe and pleaſant for the uſe of all Men, Women, and Children.

a Phyſicall Laboratory in *LONDON*, where all manner of Chymicall preparations are carried on, without any Sophiſtication, or abuſes whatſoever.

Πᾶν ἀγαθὸν ἑαυτῷ τοῖς ἄλλοις ἐστὶ κοινωνικόν.

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MVSEVM
BRITAN
NICVM

DUPLICATE
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THE TRANSCENDENT VIRTUE Of the true *SPIRIT of SALT.*

THere have been ſo many falſe preparations of that, commonly called, *The Spirit of Salt*, retaining moſt pernicious accidents, as it will be a hard matter to have the worth of that which is perfect admitted into a vulgar Creed. Yet when the noble and univerſall qualities of ſeaſoning and preſerving our Food by common Salt are weighed, the ingenious muſt needs conclude, that when ſeparated from its dregs and ſcum, and preſented to us in its ſtrength and vigour, it cannot but be worth a welcome reception amongſt modern intelligent perſons, as well as it had amongſt many of the learned Ancients.

Therefore, as *Baſilius Valentinus*, *Paracelſus*, *Helmont*, and many others moſt excellent Chymiſts, have wrote in the commendation thereof, it may well be hop'd, the publication of three or four hundred perſons freſh experiences of its virtue in ſome particular caſes, ſhould not be unprofitable for the publick good, who are ready to reſtifie the

truth of these Assertions following, against all opposers and objections. And indeed, its of so inherent an excellency, that it needs neither Epistle Dedicatory, or Commendatory: but that this famous City and Kingdome should not be ignorant of so great a mercy, its inward and outward virtues must not be conceal'd.

And first, as to the Inward.

Stomack. THough it communicates not much nourishment to the Body it self, yet procures good appetite, helps digestion, keeps the Body loose, prevents putrifaction of any thing in the Stomack, strengthnining and cleansing it from all raw and flegmatick-humours, whether they proceed from drinking, or otherwise, and prevents drunkennesse, or sicknesse therefrom.

Feavers. In Feavers of long continuance, its very good given in the Spirit of Wine, quenches thirst in such as languish under hot distempers, or from what cause soever drought doth arise in the well and healthfull, in hot weather cooling the *Blood*, and inflamed *Liver*.

Thirst.

Blood. At all times it revives the Body, and defies diseases that arise from a corrupted *Blood*, by purifying it, that lay before idle, and settled in the veins, and makes it volatile, and to proceed more regularly in its circulation.

Rheums. It delivers the *Breast* and parts adjacent, from Rheums and Distillations.

Cough. A rooted Cough, and the shortnesse of Breath proceeding from thence, without much difficulty it perfectly cures.

It

It helps the *Liver* and the *Spleen*, in its unnaturall weight and burthen. *Spleen.*

It ſtifles the *Iaundiſe* in the birth, or kills it in its ſtrength. *Iaundiſe.*

The hypochondricall *Melancholly*; pains alſo in the Sides and Bowels, and whatſoever hath its origine from Wind, it eaſily diſperſes and removes. *Wind.*

Moſt eſpecially it cleares the Body from all hydropicall humours, and thoſe which the Legs bear with ſuch regret and trouble. *Dropſie.*

It keeps the *Vreteries* from all filth, or ſlime, and ſends away the water that lurks betwixt the skin and fleſh, by Stool and Urine. *Vrine.*

Perſons afflicted with the *Stone*, it helps whether in Reins or Bladder, and forbids Coallition of the Gravell, & in time diſſolves the Stone, if not already congealed and hardned. *Stone. Gravell.*

Its good for healing the Ulceration and Conſumption of the *Lungs*, the *Falling-ſickneſſe* and the *Palſie*. *Lungs. Falling-ſickneſs. Palſie.*

And for the *Scurvy*, its a moſt approved Antidote and Remedy. *Scurvy.*

Prevents breeding of *Wormes*, and kills them where they are. *Wormes.*

Its a received preſervative againſt the *Plague*, and doth very much help thoſe already infected. *Plague.*

As alſo any that are poyſoned by *Opium*, &c. or ſtung by Serpents, Spiders, or otherwiſe. *Poyſon.*

And

Women. And as to Women, it removes obſtructions, helps them to the benefit of Nature, And thoſe that have the Matrix clog'd with ſuperfluous humours, may uſe it with ſucceſſe.

Thus much for the inward Benefits.

For the Virtue outwardly uſed.

IT keeps a good and lively Colour. Any putrifi'd wounds or proud fleſh, being gently waſhed with it, are cured, and the place preſerved by it, clean and ſound.

It brings life into benumm'd Members, and is very good againſt the Cramp.

It may be outwardly applyed for the French diſeaſe: alſo in cold Gouts, mixed with Oyl of *Turpentine*, *Wax*, *Amber*, *Harts-horn*, or the like.

Its good for the Kitchin, in rendring meats gratefull and pleaſant; for inſtead of *Vinegar*, *Lemons*, or other ſharp Sawces, its more healthfully taken: mixt with *Sugar* its excellent Sawce for Roſted meats.

By it *Raiſins* recover their former bigneſſe, and beauty, mixt with ſome fountain water, are pleaſing to the pallat, and very cordiall to refreſh a weak Stomack.

Pigeons, *Chickens*, and all fleſh ſeaſoned with it, are of a pleaſing reliſh: *Beef* ſteeped in, or ſprinkled with it, is made tender.

It cleanſeth the *Teeth*, and makes them white as ſnow, and takes all ſtains out of Linnen.

To ſay no more, its that which cuts the Sinews of all diſeaſes, and ſupports, as well as reſtores weak Bodies.

One thing more cannot be omitted; when at Sea water is ſcant, a little of this prepared into a *Salt*, laid on the tip of the Tongue in a ſmall proportion, takes away all inclination to drink.

Theſe are ſome of the rare advantages, that attend this

Spirit

Spirit of SALT: Others there be more ſecret, which require Private impartment.

Who uſe it, find theſe Effects: If any doubt, let them try in ſome one, and by that judge the reſt.

Its to be had, near the *Old Exchange*, with Mr HUCHINSON, at the *White Swan*, in *Burching-lane*.

At *Grays-Inn*, with Mr THOMAS FIRBY, under the Gate.

At St *Dunſtons-Church*, in Mr MARRIOT'S ſhop.

At *New Exchange*, with Mr HENRY HARRINGTON, in the *Low Walk*.

At *Weſtminſter*, with Mr HARMAN, in *Stephens Alley*.

At *Lambeth*, with Mr NEVITTS, near the three *Marriners*.

Where Directions are for the ſeveral occaſions, and uſe of ſuch as deſire it, on moderate Rates.

The Authors forbear their names, and publiſhing the further Vertues (that are almoſt wonderfull) untill they ſee the kind reception of this one Product of their great expence and labour.

Veritas cum ſit Lux Aſtrorum, angulis non coarctatur: Itidem & SAL ex Aſtris Oriens, exaltatus, non poteſt quin radios ſuos hominibus effundat; veluti Prophylacticum ſimul & Alexipharmacum perpetuum: cum ſit Æternitatis Divinæ Nobile Symbolum.

Truth being the Light of the Stars, cannnot be cloſed in Corners: In like manner, SALT alſo ariſing from the Stars, being exalted, cannot but pour out its Rayes upon Mankinde, as a famous Preſervative, and perpetual reſiſter of Poyſon, ſince it is a Noble Symbole of Divine Eternity.

FINIS.

DIRECTIONS

For the uſe of

THE

SPIRIT of SALT.

FIrſt, in GENERAL. All ſorts of Liquors, are the Conveyes thereof; as Water, Beer, Ale, Syder, Wine, Broths, Sawces, *&c.* more healthfully uſed than Oranges, Lemons, Vinegar, or Verges; and with Oyl is moſt pleaſant: Indeed its proper in all ſorts of Cookery, to be uſed by the healthy, to prevent theſe Maladies, mentioned in the Treatiſe of its Nature, as well, as for their Remedy; and that ſo much, as gives the Pallate a ſmart Relliſh, at the diſcretion of the Uſer: No Error can be committed, by taking any quantity from 10 drops to 40, at any time, mingled with Sugar, may be doubled; and taken in a Mornings-Draught, is very Efficatious: For it preſerves not onely the Body, but whatever it receives, from all manner of Corruption, by Reſtoring Nature to its Primitive State.

In PARTICULAR. 20 Drops of this Spirit in half a Pint of any ſort of Liquor, is a good Standard: And after the proportion of 60 Drops in a Quart, it revives all

ſorts of Beer, Ale, Syder, and Wine; long preſerving them both Strong and Generous: And the like quantity being put into Barrels of Water, for Marriners to drink at Sea, it will be better Preſerved, have a grateſuller Taſte, and avoid that putrifaction which ariſeth from Raw Water; eſpecially preventing the Worms and Scurvy. And ſo alſo for preſerving Meat in long Voyages, 40 Drops hereof mingled with a Pint of Water, and ſo proportionably covering the Meat, will increaſe the Weight, and make it wholſom.

In dreſſing all ſorts of Fiſh, Fleſh, and Fowl, being old and Tough, they are made Tender and nouriſhing, by ſo much hereof mingled with any Spices, Water, or Butter, and ſprinkled on them, as may give a quick taſte in their Sauces; and any cold Meat alſo ſprinkled therewith, is preſerved from detriment: And to make a harſh tender amongſt the curious Pallates, diſſolving a little *Argall* with this, and ſome *SALT*. makes moſt dainty wholſom food.

In Pickling any Sallets, as Cucumbers, Capers, Fennell, Purſlain, Broom-buds, *&c.* being mingled with Water, and Salt, ſo as to make it ſharp and quick, is very healthily pleaſant.

To prevent the Toothach, to cleanſe and preſerve the Teeth white, Put 6 Drops in a ſpoonful of running Water, (or for the Curious into Roſe-water) and with a ſmall Linnen-Ragg, rub the Teeth, and its impoſſible they ſhould corrupt, or putrifie: It cleanſeth them from their Corroſive Gravel.

As for WOMEN, in moſt caſes its fit to give private directions: But for ſuch as give ſuck, let them, with 60 Drops turn a Pint of Milk into a Poſſet, and take the Whey

Whey, mingled with Sugar (if they pleaſe) and drink a reaſonable draught thereof in a Morning, faſting an hour after it, and their Children will be kept thereby from the Scurvy, ſmall Pox, Feavers, Convulſions, and the like Diſeaſes.

In CHILDREN. Who deſire to prevent the *Stone* and *Gravel*, which (by Experience) deſtroys them, as well as others (who are not capable to take other Medecines, by reaſon of the Nauſeouſneſs and great quantities) may give them of this ſort of Poſſet-drink, and they will find it both preſerving, and cleanſing thoſe parts of the Body ſubject to theſe Afflictions, and alſo promiſe good Naturall Reſt to them.

In want of Water, a Drop or two of this mingled with Sugar put on the Tongue, will refreſh the Pallate, and quench Thirſt. Wherefore to avoid the hazard of Glaſſes breaking, it ſhall be Compoſ'd alſo into a BALSOMICK SALT, Portable in any Box, Purſs, or Paper; which will not onely accomodate the Rich, (who travel with Coach and Horſes at their eaſe) but alſo the Poor, and Infantry of Armies; who travelling on foot in the heat of Summer, are often forc'd to drink Puddle-water, wherein Filth and Carryon lye, by which, they are ſubjected to Surfeits, and ſuch other Diſeaſes as make them dye like Flies.

Almoſt infinite other Advantages; As preſerving dead bodies intire, *&c.* are hidden in this *Spirit*; which in ſucceſs of time, by Gods grace ſhall be manifeſted: And if any deſire more exact inſtructions in their particular Caſes, they may repair where its made, and be more fully directed.

But if any Perſons of Honour, or Quality, do more eſteem this *Spirit* of *SALT*, prepar'd ſweet, and ſeparated from all its ſharpneſs, they may be pleaſured with it, freed from any

Flegmatick Quality, being prepared from the pure Elements of that *Spirit*, by the assistance of a Learned, famous *Chymist*, who hath travelled most parts of *Christendom*, and experienc'd the same: And being recommended from both Universities, is now entertained in a Laboratory, whence several other *Chymical* preparations, for the good of this Kingdom, its hoped ere long, shall appear.

Besides the places published afore, (being much enquired after) this *Spirit* in several and great Quantities, may be also had in small Glasses, from one Shilling, to six Shillings, sealed up, At *Horsly-down*, with *Margaret Alleyn*, neer the Gate of the *Artillery*-ground:

And at Mr. *Samuel Watsons*, at the sign of the *Turks-Head*, a Coffee-house, in *Friday-street*, neer *Cheapside*:

Also by the *Tower*, at the *Lyon* in the *Den*.

Despicit, nescit.

POSTSCRIPT.

Courteous Reader,

Albeit, in the former Sheet of this Book, the Authors name is spoken of, as being suppressed; yet upon further consideration, (however void of all Ostentation in the thing) he hath made a mature retractation of his then thoughts, and doth now own himself to be the Author of this Book, by whom this Apologitick *Epistle* is subscribed: Not doubting, but that hereafter he shall suddenly hint something to the World, which shall be more for the Publick good, than this; hoping in the *Interim*, that this shall meet with all due, and favourable acceptance, as being intended by him, for the good of others, more than his own; who now doth subscribe himself,

Thine in the Bond of the surest Engagements,

R. BARKER.

Sheet 1. Page 5. line 5. for *Huchinson*, read *Hutchison*.
Sheet 1. Page 5. l. 22. for *Nobila*, read *Nobile*.

FINIS.